



BOOKWELL SCHOOL MENU—SUM 24



WEEK 1

Monday

Burger in a bun (GF & EF)
Veggie Burger (EF & GF)
Rice Pudding

Tuesday

Pork Chilli (GF EF)
Veggie Chilli (GF EF)
Fruit Crumble & Custard

Wednesday

Gammon steak & cheesy mash & Veg(EF/GF)
Salmon Nibbles & cheesy mash & Veg (EF)
Fruity Flapjack & Custard

Thursday

Roast Beef & Yorkshire pudding (GF & EF)
Quorn Fillet & Mash & Veg (GF/EF)
Ginger Biscuit & Milkshake

Friday

Fish Fingers & Chips (GF)
Mac & Cheese (EF)
Ice Cream

WEEK 2

Monday

Cheese & Tomato Pizza (V & EF)
Tuna Pasta
Gingerbread & White sauce

Tuesday

Chicken Korma, Rice & Naan (GF & EF)
Veggie Korma, Rice & Naan (EF)
Rice Pudding

Wednesday

Cumberland Sausage & Mash (EF & GF)
Veggie Sausage & Mash (EF & GF)
Muffins

Thursday

Roast Turkey (GF & EF)
Quorn Fillet, Mash & Veg
Fruity Flapjack & Custard

Friday

Chicken Chunks & Chips (GF & EF)
Quorn Nuggets & Chips (GF & EF)
Fruit Jelly & Cream

WEEK 3

Monday

Meatballs & Pasta (EF)
Veggie no-meatballs & Pasta
Marble Cake & Custard

Tuesday

Spaghetti Bolognese & Garlic bread (EF/GF)
Tuna Pasta (EF/GF)
Shortbread & Custard

Wednesday

Chicken Tikka, Rice & Naan bread(EF/GF)
Veggie Tikka, Rice & Naan bread (EF/GF)
Apple Crumble & Custard

Thursday

Roast Gammon & Veg (GF & EF)
Quorn Fillet & Mash
Chocolate Crunch & Chocolate Sauce

Friday

Fish Portion & Chips (EF)
Cheese Pasty & Chips
Ice Cream



Available Daily

Meal choice: Jacket Potato (GF, EF), Sandwich/Wrap, Fresh Veg/Salad Dessert: Hot Pudding/Fresh Fruit/Yoghurt

