

BOOKWELL SCHOOL MENU

WEEK 1



MONDAY

- Burger in a bun (GF & EF)
- Veggie Burger & Beans (GF & EF)
- Rice Pudding



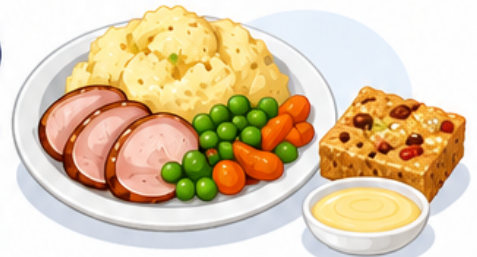
TUESDAY

- Pork Chilli (GF & EF)
- Veggie Chilli (GF & EF)
- Fruit Crumble & Custard



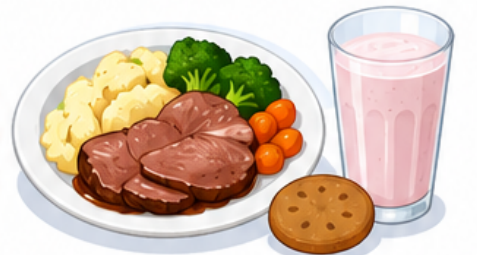
WEDNESDAY

- Gammon Steak & Cheesy Mash (EF)
- Salmon Nibbles & Cheesy Mash (EF)
- Fruity Flapjack & Custard



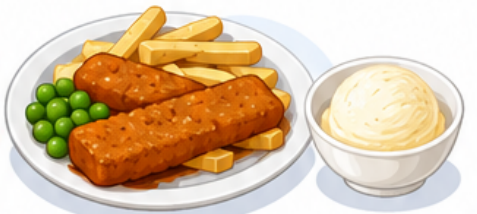
THURSDAY

- Roast Beef (GF) & EF)
- Quorn Fillet, Mash & Veg
- Ginger Biscuit & Milkshake



FRIDAY

- Fish Fingers & Chips (GF)
- Mac & Cheese
- Ice Cream



AVAILABLE DAILY



MEAL CHOICE: Jacket Potato (GF, V)
Sandwich/Wrap, Fresh Veg/Salad



DESSERT: Hot Pudding/
Fresh Fruit/Yoghurt

GF = Gluten Free



EF = Egg Free



V = Vegetarian

Good food, fuel for learning!

