



Bookwell Virtual Sports Day



How it works & what to do

- ❖ You are competing against your class mates for your sports day team
- ❖ Watch the videos of what to do on the school website [here](#)
- ❖ Enter as many challenges as you like
- ❖ Practise as much as you want
- ❖ To enter upload your video to seesaw or tapestry with your score and your teacher will add it to your team score



Challenge 4

2metre Challenge

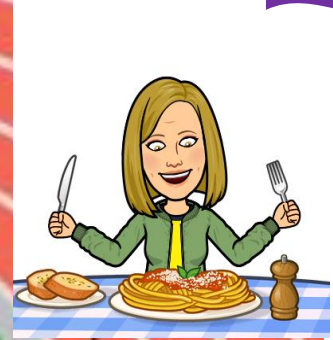
Using a pair of socks **how many times** can you throw them into a bowl 2m away from you in 1 minute?



Challenge 5

Faster Pasta Challenge

You have 1 minute to transport as many pieces of uncooked pasta, one at a time, from one bowl to another bowl that is 2m away. **How many pieces can you move?**



Challenge 3

Cereal Box Jump Challenge

How many two footed jumps over a cereal box can you do in 1 minute?



Challenge 2

Toilet Roll challenge

Time yourself standing on one foot with a toilet roll on your head? **How long before it falls off**



Challenge 1

Clapping Challenge

You have been clapping for carers now it is time to clap for your team!
With a teddy, throw the teddy up and count **how many claps you can do before you drop it.**



Finish

